



**community
bridges** Empowering Girls,
Building Leaders for the Community

You're Invited to Our Conference: *"Step Up & Stand Your Ground!"*

The media tells **girls** how they have to look and act in order to be **beautiful**, accepted and successful.

Boys are told how they should act in order to be men.

The **pressure** to meet these expectations has produced **harmful** consequences – from low self-esteem and body issues in girls to **damaging** interactions between boys and girls.

Come to this **FREE** one-day conference! Workshops will provide interactive opportunities for girls, boys, parents and community members to define their **voice**, and identify next **steps** towards **change**.



Who: Youth Ages 8 & Up,
Parents & Community
When: Saturday, March 7, 2009
Time: 11:30 am – 4:30 pm
Where: Montgomery College
Takoma Park Campus
7600 Takoma Avenue,
Takoma Park, MD 20912

Free Garage Parking across the street!

Also accessible by Metro, Bus, & Ride On

Presented by:

Community Bridges
620 Pershing Drive, 2nd floor
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Sponsored by:



Conference Schedule
Itinerario del Dia
March 7, 2009

Time	Event	Location
11:30-12:00	Registration/ <i>Registración</i>	Student Services Lobby
12:00-12:10	Welcome/ <i>Bienvenida</i>	Student Services 1 st Floor Cafeteria
12:10-12:40	Introduction to conference/ <i>Introducción a la conferencia</i>	Student Services 1 st Floor Cafeteria
1:00-3:00	Workshops/Seminarios	
	Elementary School Girls/ <i>Niñas de escuela elemental</i>	3 rd Floor
	Middle School Girls/ <i>Niñas de escuela intermedia</i>	3 rd Floor
	HS Girls/ <i>Niñas de high school</i>	3 rd Floor
	Boys/ <i>Niños</i>	3 rd Floor
	Parents/ <i>Padres</i>	3 rd Floor
	Schools & CBOs staff/ <i>Oficiales de escuelas y organizaciones</i>	3 rd Floor
3:00-3:30	Bringing stories together— <i>juntando nuestras historias</i>	Student Services 1 st Floor Cafeteria
3:30-4:00	Closing Remarks/ <i>Despedida</i>	Student Services 1 st Floor Cafeteria